

Date (Time):	January 16, 2019 at 8:30 a.m.
Topic:	Monthly Meeting
Attendees:	Annemarie Medina, YMCA; Carolyn Owens, 501 Navigation; Nancy Gamboian, Pima Community College; Sabrina Plattner UAMEZCHOP; Jenn Parlin and Denise Ortega, The Garden Kitchen; Nic Cogdall, Hillary Viswauathan, Roseanne Nguyen, and Brian Eller, PCHD; Monica Hayes, Public Health Nurse; Chad Myler, UA Life & Work Connections; and Jessica Boerman, TOMF
Apologies:	Rhonda Gonzales, Community Food Bank
Meeting Facilitators:	Co-Chairs Annemarie Medina and Carolyn Owens
Minutes Prepared By:	Carolyn Owens

Agenda Topics	Responsible	Discussion
<b>Proposal to Pima County/Pima County Health Dept. re use of commercial kitchen</b>	Group	<p>Pima County has purchased the bowling alley on Miracle Mile near Flowing Wells, and Marcy, head of the health dept. has announced the kitchen will be retained, which is great news! However, future use of the kitchen is not yet determined. The project will not be moving forward until end of 2019 at the earliest. A group of AT members will meet with Marcy by April 2019 to present a proposal with potential uses for the kitchen including possible use as a community kitchen. The group decided to create a working committee to draft a proposal including staff needs, uses and benefits, potential partners, beneficiaries and revenue, as well as costs. So far Jenn, Carolyn and Rhonda are in the committee and Rhonda will invite a representative from Caridad kitchen. Jenn and Carolyn will identify a couple other committee members.</p> <p><b>Members</b> - If you are interested in participating please email Carolyn at <a href="mailto:Carolyn@501Navigation.com">Carolyn@501Navigation.com</a>. We anticipate meeting no more than 4 times so time commitment will be minimal.</p> <p>A good model of a similar program is found in San Francisco, <a href="http://www.LaCocinasf.org">www.LaCocinasf.org</a>, and Carolyn also found a toolkit that we will use to guide our efforts. Annemarie will try to get us a tour of the bowling alley kitchen so we can assess what's there, what may be needed.</p> <p><b>Members</b> – Please feel free to send ideas, and especially potential beneficiaries and/or partners, to Carolyn. We had an initial discussion of this at the meeting and will further identify as part of the committee.</p>

<b>Board of Supervisor attendance at February AT meeting</b>	Group	<p>Due to the difficulty in scheduling Pima County Supervisors, the group decided we will invite one Supervisor at a time (two max) to Activate Tucson meetings instead of hosting a large panel. The AT co-chairs have invited both Supervisor Miller and Supervisor Valadez and invited them both to the February 20, 2019 AT meeting. As of January 21, 2019 neither has responded. Gabriela has a connection with Supervisor Valadez and will follow up to try and schedule.</p> <p>Policies and activities to share with representatives will include complete streets, transportation, and commercial kitchen project. We will discuss past accomplishments and thank them for their support of related project and policies.</p> <p><b>Next Steps</b> – Follow up with Supervisors to confirm if attending, if yes, promote attendance at Feb AT meeting to stakeholders. Review BOS minutes to see what related policies have been implemented and/or are in process.</p> <p><b>For consideration</b> – We may want to invite those running for Mayor at a future AT meeting</p>
<b>New Business</b>	Sabrina	<p>Sabrina suggests AT schedule an event to raise awareness of our group. Perhaps a health fair or fun run or similar? This would promote our accomplishments and awareness of what we are working to do. We'll explore this further in future meetings, thanks Sabrina!</p>
<b>Member Activities and Announcements</b>	Members	<p><b>Pima College</b> spring semester has <b>interns</b> looking for health and wellness opportunities, personal trainers and wellness coaches, could help with workshop, events, etc. Contact Nancy Gamboian, <a href="mailto:ngamboian@pima.edu">ngamboian@pima.edu</a> if interested. Available to do outreach, a workshop, can put together a topic on wellness. Students throughout the City.</p> <p><b>All PCC campuses</b> offer fitness classes for credit that offers multiple facilities now available for your use, one credit so cheap, must be 16 and over, seniors 55 and over get discount, classes begin in two weeks, <a href="https://bannerweb.pima.edu/pls/pima/az_tw_subcrse_catalog.p_subcrse_list?p_subject_code=FAW">https://bannerweb.pima.edu/pls/pima/az_tw_subcrse_catalog.p_subcrse_list?p_subject_code=FAW</a></p> <p><b>Feb 6<sup>th</sup>, 2 p.m. to 3:30 free grant writing training at Valdez library</b> provided by Carolyn, you may RSVP at <a href="https://pima.bibliocommons.com/events/search/local_start=2019-02-06%20TO%20&amp;fq=branch_location_id:(MAI)/event/5c2012d9b045903400695192">https://pima.bibliocommons.com/events/search/local_start=2019-02-06%20TO%20&amp;fq=branch_location_id:(MAI)/event/5c2012d9b045903400695192</a></p> <p><b>Fit first Saturday at Garden Kitchen</b>, do activity class, varies, also food demonstration, then garden class, March is focus on kids, FREE, no need to sign up okay to come to part of classes no need to go to all. Also Partnering with PC seed library, growing chick peas from them, <b>Feb 23<sup>rd</sup></b> is what you can make with chick peas, visit <a href="http://www.gardenkitchen.org">www.gardenkitchen.org</a>, also classes for a fee, see attached flyer and feel free to share.</p> <p><b>Garden classes every Thursday</b> a.m. 8 to 9 at the garden at Garden Kitchen, get to take food home too</p> <p><b>PCHD Feb 18<sup>th</sup> to 20<sup>th</sup> bike and walk to school program</b>, need bouncy balls, sunglasses, notebooks (log), for the event, get logo on flyer, need 8,000 each item, have a few hundred right now. Oriental trader has</p>

	<p>bouncy balls if want to purchase, look at Healthy Pima.com/schools, national walk and bike program, website for flyer</p> <p><b>PC Rec, family fun event Feb 2<sup>nd</sup></b>, Truly Nolen providing hot dogs, demo classes, 11 to 2, at Ellie Towne Center,</p> <p><b>Feb 14<sup>th</sup></b> healthy heart event, 10 to 2 also Ellie Towne Center,</p> <p>March Madness event for families too, see website for more info of all events  <a href="http://webcms.pima.gov/cms/one.aspx?portalId=169&amp;pageId=3696">http://webcms.pima.gov/cms/one.aspx?portalId=169&amp;pageId=3696</a></p> <p><b>Diabetes Empowerment Education</b> program training able to be offered by public health nurse, County has license for curriculum, looking for locations to teach classes, now offered at El Rio and PY tribe, offered at Ott Y, to qualify attendees have diabetes, 18 and older, and make a 6 week commitment, once a week class for hour or two, helps take control of diabetes, still in pilot program, Ott will promote pilot program market via the Y, also have held at Abrams health center and Rec at Ellie Towne, also available in Spanish via other nurse. Program used to be only Medicare but now broader, <b>no charge</b>.  <a href="https://webcms.pima.gov/cms/One.aspx?portalId=169&amp;pageId=452168">https://webcms.pima.gov/cms/One.aspx?portalId=169&amp;pageId=452168</a></p> <p><b>Jan 23<sup>rd</sup> Mayor and council study session to review complete streets policy</b> LSA having one to one meetings with all council members, so far no opposition to policy from City Council</p> <p><b>ALL EVENTS</b> – Please share via your social media sites, let’s support each other!</p>
<p><b>Next meeting: Wednesday, Feb 20<sup>th</sup> at 8:30 a.m. possible meeting with BOS representative, confirmation will be sent in next two weeks</b>  <b>Hope we see you there!</b></p>	

Date (Time):	February 20, 2019 at 8:30 a.m.
Topic:	Monthly Meeting with <b>Special Guest Pima County Supervisor Ramon Valadez</b>
Attendees:	Annemarie Medina, YMCA; Carolyn Owens, 501 Navigation; Nancy Gamboian, Pima Community College; Sabrina Plattner UA MEZCOPH; Denise Ortega, The Garden Kitchen; Hillary Viswanathan, Roseanne Nguyen, and Brian Eller, PCHD; Haily Ahmea, Community Partners Inc.; Kate DeSheild, Community Representative; Valerie Seeton and Barbara Eiswerth, Iskashitaa Refugee Network; Ruth Reiman, PAG; Moira Alexander, El Rio Health Center; Gabriela Barrillas, AZ Health Zone; and Jessica Boerman, TOMF
Apologies:	Rhonda Gonzales, Community Food Bank, Nic Cogdall, PCHD
Meeting Facilitators:	Co-Chairs Annemarie Medina and Carolyn Owens
Minutes Prepared By:	Carolyn Owens

Agenda Topics	Responsible	Discussion
<b>Supervisor Valadez discusses current activities and recent accomplishments</b>	Supervisor Valadez	Pima County has several projects that support physical activity: 1) The Loop is 131 miles right now, and Tucson is a gold community for cycling mainly due to the Loop. We are trying to go platinum, and there are plans to expand the Loop to the SW and NW areas of town; 2) Veteran Memorial Sport Park, Pima County acquired the property south of the sport park in 2013, in Dec 2018, the stadium was paid off. Want to expand use, with sand based field easier to use, use less water, able to use year round and open to pro and local sports teams. Expand to have Pickle Ball courts plus extra fields, will be tied into the Loop too, near Ajo Way. Pima County has an RFI out right now for developers. Want to develop for restaurants, shops, hotels, etc. to serve soccer tournaments. Once completed Pima County will be a leader for soccer fields in the US. 36 <sup>th</sup> and Kino includes Utterback, etc. many schools, school kids get to name the park, but can't be after one person. Will go on PC website for voting, 3 final names from each school. This will create buy in for the park. Have power issues in the area for electricity, TEP will help finish the park with walking trail, open space so not super developed, desert like, mainly for day time use. <a href="http://www.kinosportscomplex.com/kerp.shtml">http://www.kinosportscomplex.com/kerp.shtml</a>
<b>Supervisor Valadez on how best to share with</b>	Supervisor Valadez	There is no one size fits all as each Supervisor has a different way they prefer to receive feedback and/or information. Each elected official is different, some may be fine with email, or meet in person, or phone call. Call and ask their assistants the preferred method. Keep in mind that the Supervisors receive 100s of emails a

<p><b>Pima County Supervisors</b></p>		<p>day. When sharing information, please no 10 to 15 page reports, much too long. Keep the information, facts, etc., short and to the point, no more than one page and large font (no smaller than 14 pt). Bulleted list or other easy to share information and easy to review. Make sure contact information is included so the Supervisors know how to call for more information.</p> <p>Even if asking to support specific issue policy, etc. still provide a copy, short, send to a staff member ask staff member for best way to share info and/or provide feedback.</p>
<p><b>Group Q and A with Supervisor Valadez</b></p>	<p>Group</p>	<p>Ruth from Pima Assoc. of Governments (PAG) discusses on <b>air quality</b>, our community has exceeded ozone limits and she feels there is low awareness of this issue and no urgency to address it. Supervisor Valadez has met with PAG representatives about the report on air quality. Keep in mind that when temps go up ozone levels will go up. <b>What can we do?</b> Use mass transit, drive less, car pool, there is a new service called waves car pool (open source), generally we need more awareness of importance of less car use. There is a system that collects wait time, this will help because idling cars reduces efficiency and increases exhaust. Ruth recommends our community be proactive in addressing this, don't wait until EPA has to step in.</p> <p>PAG has GIS map that shows levels of temperatures, urban island effect, and that this disparately impacts low income areas (complete streets could mitigate some of this). Need to figure out park space per person and make sure everyone has access. This is part of Pima Prospers goals.</p> <p><b>New SNAP requirements</b>, beneficiaries must be in school, working, or volunteering, need <b>follow up</b> on how Pima County will address this.</p> <p>Iskashitaa has question about <b>edible trees</b> for the Loop? Re: edible trees on the Loop, some areas are not appropriate, Pima County does want to add some healthy snack places along the Loop. See events for more info about Iskashitaa's edible tree tours and resources.</p> <p><b>Complete Streets</b> – City of Tucson recently passed Complete Streets policy, generally means a different focus on road use, instead of only cars, it promotes mobility and safety for all users. Pima County has complete streets outline, not yet official policy. Brian asked what are barriers to passing complete streets? How can our coalition support that? Complete streets will affect outlying areas, most of complete streets guidelines are already incorporated. See Sonoran Desert Plan for detail on guidelines (we will review at March meeting). Barrier could be where there is a mix of housing and new development, mixed use. Tending toward mix of socio economic mix for development, could increase fees for developers but that translates to increase costs for homeowners' renters. Barrier could be less affordability. Each area has different criteria and guidelines, things to meet. Another challenge will be to retrofit existing communities to include complete</p>

		<p>streets. Bottom line is it do able and is it affordable? Especially challenging in low income communities, need to engage the community, look at how low cost strategies can be incorporated. Gabriela says the first step is to adopt the policy, next step is design guidelines. Different for rural and urban settings and can be different for low income communities. Supervisor Valadez can see complete streets passing in Pima County, would be unincorporated area but there is a lot of population in that area.</p> <p><b>Commercial kitchen at new Pima County property</b> (bowling alley) – AT is interested in exploring partnerships for the new kitchen, Supervisor Valadez would definitely be interested in this, the committee will set a meeting. Brian mentions current HUD grant, and other funding available for economic development center with the kitchen (part of Thrive in the '05). Possible uses are to teach people how to cook, how to start a restaurant, or do value added products. Albuquerque has great model program.</p> <p><b>Recess bill</b> passed last year, mandates recess in K-5 schools, our group helped support and worked with other partners for this issue. Want to add to the bill and expand use of it. PCHD has recess program for active recess. There is an opportunity for all representatives to support by visiting a school to promote recess. Supervisor Valadez will reach out to Brian to schedule a visit to a school.</p> <p><b>PCHD REACH</b> grant, part of the grant will connect schools and create pocket parks. South Tucson is the focus area for the grant. Pima County Supervisors could help facilitate long term maintenance of the pocket parks.</p> <p><b>Next Steps:</b></p> <ul style="list-style-type: none"> <li>• Review and discuss new SNAP requirements in an upcoming AT meeting, how will it be implemented? What are potential impacts, negative and positive?</li> <li>• Review Pima Prospers and Sonoran Desert Plan, how do they support complete streets? What are next steps to implement complete streets in unincorporated Pima County?</li> <li>• New property commercial kitchen – committee will schedule a meeting with Supervisor Valadez and PCHD as well as tour the kitchen to assess for potential use</li> <li>• Brian invite Supervisor Valadez to visit a school and promote recess</li> <li>• Further discussion at a future meeting on what AT can do to support improved air quality</li> </ul>
<p><b>Member Activities and Announcements</b></p>	<p>Members</p>	<p><b>Feb 26</b>, Thrive in the '05, crime prevention grant, meeting 5:30 to 7 p.m. community members invited to attend to discuss what their community needs, contact Brian Eller for more info <a href="mailto:Brian.Eller@pima.gov">Brian.Eller@pima.gov</a>.</p> <p><b>March 2<sup>nd</sup></b> First Saturday monthly event at the Garden Kitchen, walk, food demonstration, gardening class</p>

	<p><b>March 7<sup>th</sup></b> grand opening of El Rio clinic at Cherrybell and 22<sup>nd</sup>, please see attached flyer, this is a new clinic that is bigger and with more comprehensive services than the clinic on Broadway it is replacing.  <a href="https://www.elrio.org/el-rio-health-to-open-new-cherrybell-site-in-december-2018/">https://www.elrio.org/el-rio-health-to-open-new-cherrybell-site-in-december-2018/</a></p> <p><b>March 10<sup>th</sup></b>, luncheon at Café 54, Iskashitaa Napali refugees are preparing the meal for the event          Ongoing - Iskashitaa doing edible tours, including a tour at Tucson Botanical Gardens, would like other places to tour. Have edible tree kit, has examples of local fruits and bay leaves etc. to increase awareness of what is edible. Info at FB or website or can add to mailing list.  <a href="https://www.facebook.com/IskashitaaRefugeeNetwork/">https://www.facebook.com/IskashitaaRefugeeNetwork/</a></p> <p><b>April 7<sup>th</sup></b>, is Cyclovia! Starts at 9 a.m. Banner is lead sponsor, starting at 6<sup>th</sup> at 7<sup>th</sup>, ending at Banner.</p>
<p><b>Next meeting: Wednesday, March 20<sup>th</sup> at 8:30 a.m.</b>          We will review and update the AT Work Plan and also review the Pima Prospers and Sonoran Desert Plan referred by Supervisor Valadez as a source for County priorities  <b>Hope we see you there!</b></p>	

Date (Time):	March 20, 2019 at 8:30 a.m.
Topic:	Monthly Meeting
Attendees:	Annemarie Medina, YMCA; Carolyn Owens, 501 Navigation; Nancy Gamboian, Pima Community College; Sabrina Plattner UA MEZCOPH; Denise Ortega, The Garden Kitchen; Roseanne Nguyen, and Brian Eller, PCHD; Barbara Eiswerth, Iskashitaa Refugee Network; Gabriela Barrillas, AZ Health Zone; Sierra Boyer, Tucson Parks and Rec; Joanna Dinan, Pima Co Parks and Rec; and Jessica Boerman, TOMF
Apologies:	Rhonda Gonzales, Community Food Bank, Nic Cogdall, PCHD
Meeting Facilitators:	Co-Chairs Annemarie Medina and Carolyn Owens
Minutes Prepared By:	Carolyn Owens

Agenda Topics	By	Discussion
<b>Update from Bowling Alley Kitchen committee</b>	Carolyn	<p>The committee has met in person once and has been in contact via email as well. Carolyn called Golden Pin Lanes twice to see if the group can visit the kitchen to see what would be needed, if anything, to hold classes, etc. There has been no response from calls, Annemarie has a contact with the bowling alley, she will try to get us in for a visit.</p> <p>In the meantime, the committee will meet in April to compile a presentation for PCHD regarding potential uses for the kitchen, partners, costs, benefits, and challenges. In keeping with Supervisor Valadez's suggestions, we will keep it short, no more than two pages. Annemarie suggests compiling a list of current commercial kitchens and use as well and the group will do this.</p> <p>Barbara has asked to join this committee and we enthusiastically welcome her!</p>
<b>Quarterly Review of AT 2019 Work Plan</b>	Group	<p>As suggested in our member survey, AT has quarterly reviews of our Work Plan. We will add updates to efforts to support Complete Streets to add looking into nearby municipalities, such as Marana, Oro Valley, Sahuarita, etc. to see what current ordinances are and if AT members can support efforts there. Brian said someone from Marana wants to include Complete Streets there and reached out to Living Streets Alliance for help. We'll find out who that was and follow up with them. <b>Action Step:</b> Annemarie, Martha, and Brian have formed a committee to investigate what are current ordinances in municipalities regarding Complete Streets and how can AT help support efforts to implement Complete Streets in these areas? Please contact Annemarie if you want to help!</p> <p>The Work Plan will be updated for the commercial kitchen piece, and for the Tucson Parks part.</p>



		<p><b>Members:</b> Please continue to support the City of Tucson Parks improvements, they are already underway as Prop 407 passed and will be going on for several years. Sierra shares that many COT parks will have pools reopened this summer. We can share progress via social media so the public knows the funds are being put to good use. Visit <a href="https://www.tucsonaz.gov/parksbond">https://www.tucsonaz.gov/parksbond</a> for updates, maps of projects, etc.</p>
<b>Review Pima Prospers and Sonoran Desert Plan</b>	Group	<p>Supervisor Valadez mentioned these two initiatives as including language regarding street use as relates to Complete Streets. However, they are geared for rural Pima County so not really applicable. Sonoran Desert Plan outlines open space use and development to ensure important features and cultural sites are preserved. <a href="http://webcms.pima.gov/government/sustainability_and_conservation/conservation_science/the_sonoran_desert_conservation_plan">http://webcms.pima.gov/government/sustainability_and_conservation/conservation_science/the_sonoran_desert_conservation_plan</a> The group felt it would be beneficial to have someone speak at a future AT meeting regarding the Sonoran Desert Plan. Martha has a connection and will help facilitate this.</p>
<b>Review BUILD Community Health RFP</b>	Group	<p>This is an RFP to support policy and systems change in a community or specific zip code. \$250,000 for 2 to 5 years. It supports what AT is already doing but the concept paper is due April 5<sup>th</sup> and the grant requires a partnership with a hospital or health system and that partner must also provide a one to one match. Additionally, there are geographic priority areas in LA, TX, CA and NJ. Regions outside of those areas may apply but it means reduced chance of an award. The group felt we would not be able to have a partnership and agreement with a hospital or health partner in time so will pass on this.</p> <p><b>Going forward:</b> AT members could identify a health inequity supported by statistics that occurs in our region, then identify policy(ies) that could push the needle on that. Then we will be ready for grants similar to BUILD.</p>
<b>Other Discussion</b>	Group	<p>Martha mentions that the Fire Dept. wants to reduce bicycle and pedestrian accidents. Brian says there are groups working on this, they will connect these two efforts. In future, this may be an issue AT members will work to reduce as well.</p> <p>Tucson House is a large housing apartment near Miracle Mile and Grant whose residents are low-income and include seniors, adults with disabilities, and refugees. They have a HUD grant and need a partner, Thrive in the 05 is possible. The group discussed isolation as an issue for many seniors that has negative health impacts. AT members will continue these conversations in the future.</p>
<b>Member Activities and Announcements</b>	Members	<p><b>March 23</b>, Every 4<sup>th</sup> Saturday Iskashitaa has citrus and other produce distributions at St Francis in the Foothills Church <a href="http://www.iskashitaa.org/events">http://www.iskashitaa.org/events</a> Also will start this model in Nogales in partnership with Mariposa Clinic!</p> <p><b>March 23</b>, Garden Kitchen sustainable landscape expo at Coop Extension 10 to 2, <a href="https://cals.arizona.edu/pima/smartscape/sustainable-landscapes-expo/">https://cals.arizona.edu/pima/smartscape/sustainable-landscapes-expo/</a></p> <p><b>March 23</b>, Pima Community College at Sam Lena Park for TB awareness, 9 to 2, a walk, booths, etc.</p>

	<p><b>March 24</b>, Urban Garden Festival at Tucson Botanical Gardens <a href="http://www.iskashitaa.org/events">http://www.iskashitaa.org/events</a></p> <p><b>March 25</b>, Thrive in the '05 public meeting, 6 p.m. to 7:30, at PCC Downtown, see how to get involved <a href="https://www.thriveinthe05.com/">https://www.thriveinthe05.com/</a></p> <p><b>March 30<sup>th</sup></b>, COT Quincie Douglas Park Egg Hunt, noon to 3, free event for the family <a href="https://www.tucsonaz.gov/parks/QuincieDouglasCenter">https://www.tucsonaz.gov/parks/QuincieDouglasCenter</a></p> <p><b>April 1<sup>st</sup></b>, Pima Co Parks class registration begins for summer camps and they fill up in 15 minutes (they are free for low-income families) visit <a href="http://webcms.pima.gov/government/natural_resources_parks_and_recreation/">http://webcms.pima.gov/government/natural_resources_parks_and_recreation/</a></p> <p><b>April 6<sup>th</sup></b>, Garden Kitchen Fit First Saturday, walks, cooking demos, and more, walk starts at 9 a.m. <a href="https://thegardenkitchen.org/events_page/">https://thegardenkitchen.org/events_page/</a></p> <p><b>April 7<sup>th</sup></b>, is Cyclovia! Starts at 9 a.m. Banner is lead sponsor, starting at 6<sup>th</sup> at 7<sup>th</sup>, ending at Banner. See link for more info <a href="https://www.cycloviatucson.org/">https://www.cycloviatucson.org/</a></p> <p><b>April 15<sup>th</sup></b>, COT Parks Summer Classes out, registration starts May 4<sup>th</sup>, classes fill up fast! <a href="https://www.tucsonaz.gov/parks/classes-and-programs">https://www.tucsonaz.gov/parks/classes-and-programs</a></p> <p><b>June and July</b>, Healthy 2 B Me Summer Camps, looking for participants, scholarships are available, visit <a href="https://collaboratory.arizona.edu/content/healthy-2-b-me-summer-camp">https://collaboratory.arizona.edu/content/healthy-2-b-me-summer-camp</a> for more info and to register</p>
<p><b>Next meeting: Wednesday, April 17<sup>th</sup> at 8:30 a.m.</b>  <b>We will review the Pima County Health Dept. newly released Needs Assessment</b>  <b>Hope we see you there!</b></p>	

Date (Time):	April 17, 2019 at 8:30 a.m.
Topic:	Monthly Meeting
Attendees:	Annemarie Medina, YMCA; Carolyn Owens, 501 Navigation; Sabrina Plattner UA MEZCOPH; Jenn Parlin and Denise Ortega, The Garden Kitchen; Hillary Viswanathain and Nic Cogdall, PCHD; Barbara Eiswerth, Iskashitaa Refugee Network; Rhonda Gonzales and Kate DeShiell, Community Food Bank; Sierra Boyer, Tucson Parks and Rec; Joanna Dinan, Pima Co Parks and Rec; and Jessica Boerman, TOMF
Apologies:	Cory Eckles
Meeting Facilitators:	Co-Chairs Annemarie Medina and Carolyn Owens
Minutes Prepared By:	Carolyn Owens

Agenda Topics	By	Discussion
<b>Review of Pima County Community Health Needs Assessment (CHNA) process</b>	Nic	<p>Background: Pima County is required to conduct a Needs Assessment every 5 years; hospitals are required to do one every three years. Pima County now collaborates with the hospitals to conduct a Needs Assessment every three years to combine resources and reduce duplication of effort.</p> <p>The most recent CHNA was just released in March 2019.  <a href="https://www.tmcaz.com/assets/documents/community/2018-pima-county-community-health-needs-assessment.pdf">https://www.tmcaz.com/assets/documents/community/2018-pima-county-community-health-needs-assessment.pdf</a></p> <p>The priorities were identified through several processes – data review from multiple sources, focus groups, community forums and surveys.</p> <p><b>Three priority areas were identified:</b></p> <ol style="list-style-type: none"> <li>1. <b>Behavioral health</b></li> <li>2. <b>Obesity and related chronic disease (diabetes)</b></li> <li>3. <b>Access to services</b> (hours and transportation foster access, plus other access)</li> </ol> <p>Next steps: PCHD and the hospitals are disseminating the report. During the next three years, PCHD will go back to the community to identify how to address identified issues and create action plans. This will be accomplished primarily through existing Action Groups (including AT) Action Groups are community-led, not led by PCHD. PCHD will discuss new priority areas with existing Action Groups to see how they can support these efforts, if input dictates a new group, a new group will be created.</p>

<p><b>Discuss how AT can support CHNA</b></p>	<p>Group</p>	<p>The group comments that the CHNA process has improved over the past few years and discusses what are next steps for AT, i.e. what policies could our group help implement that will support the priority areas:          Suggestions:</p> <ul style="list-style-type: none"> <li>• AT will continue our focus on policy and advocacy to support physical activity, nutrition, and built environment in Tucson and Pima County</li> <li>• Identify what areas are highest need, demonstrated through data</li> <li>• Combine that with “low hanging fruit” grants available that can support efforts, policies supported by multiple groups/representatives</li> <li>• New SNAP regulations – what will be the impact? Can we advocate for changes to the rule? Still in process, we’ll continue to review this and identify how we can mitigate negative effects; Barbara is meeting with Supervisor Valadez to discuss</li> </ul> <p><b>AT members</b> - Those providing services provide info on what they see, both positive and negative, to use as identifying community needs they see, especially what impacts access to services. What works? What are barriers? COT does not have funds to add sidewalks or increase bus services so how do you increase transportation to health care? Or support walking to school? (as examples)          Next steps: We will see what other Action Groups are doing then have AT fill gaps where that makes sense. During the next few months the groups will meet and identify priorities.</p>
<p><b>Call for Action</b></p>	<p>Members</p>	<p>Barbara from Iskashitaa says there are 500 asylum seekers being released every day in Tucson from ICE, they have nothing, the community desperately need donations to help families on their way with food, water, clothes diapers, etc. Most going somewhere else but need something right now. Contact Iskashitaa to learn how you can help <a href="http://www.iskashitaa.org/take-action">http://www.iskashitaa.org/take-action</a></p>
<p><b>Member Activities and Announcements</b></p>	<p>Members</p>	<p><b>April 22<sup>nd</sup></b>, Solar Panel Celebration at Reid Park near the rose garden at 10 a.m.  <b>April 24<sup>th</sup></b>, COT Parks Commission mtg, open to the public, 3:30 p.m.  <b>April 25<sup>th</sup></b>, Grant Professionals Assoc. S AZ Chapter workshop on “Managing Your Grants so They Don’t Manage You, \$25 for nonmembers, RSVP not required, held at Habitat for Humanity meeting room 3501 N. Mountain Ave, 9:30 a.m. to 11:30 a.m.  <b>April 28<sup>th</sup></b>, Healthy South Tucson, 8 a.m. to 1 p.m., Mission View Elementary 2600 S. 8th  <b>May 7<sup>th</sup></b>, Diabetes Empowerment Education class beginning, at Ott Y, 401 S. Prudence, Tuesdays 1:30 to 3:30 for 7 weeks, pilot project. Call or email the Ott to register, 520-885-2317, <a href="mailto:Ott@tucsonymca.org">Ott@tucsonymca.org</a>, must have diagnosed with diabetes and pre diabetes</p>

	<p><b>May 11<sup>th</sup></b>, Letter Carriers Food Drive, please put nonperishable food at your mailbox for one of the food banks largest food drives! Also please consider volunteering at the event, several locations need help unloading and sorting the food <a href="https://www.communityfoodbank.org/Events/Detail/letter-carriers-stamp-out-hunger-food-drive-2019">https://www.communityfoodbank.org/Events/Detail/letter-carriers-stamp-out-hunger-food-drive-2019</a></p> <p><b>May 15<sup>th</sup></b>, Edible Tree Tour, coordinated by Iskashitaa, held every 3<sup>rd</sup> Wednesday at Tucson Botanical Gardens, helps identify native and nonnative edible trees in our community; edible tree kits available for \$150 <a href="http://www.iskashitaa.org/events">http://www.iskashitaa.org/events</a></p> <p><b>Summer Camps:</b></p> <p><b>April 15<sup>th</sup></b>, COT Parks Summer Classes out, registration starts May 4<sup>th</sup>, classes fill up fast! <a href="https://www.tucsonaz.gov/parks/classes-and-programs">https://www.tucsonaz.gov/parks/classes-and-programs</a></p> <p><b>April 30<sup>th</sup></b>, Registration opens for Pima County Parks summer camps, free but fill up fast, log on at 6 a.m. to reserve a place</p> <p><b>YMCA Summer Camps</b>, variety of length and locations, scholarships available! <a href="https://tucsonymca.org/program-cat/camps/">https://tucsonymca.org/program-cat/camps/</a></p> <p><b>June and July</b>, Healthy 2 B Me Summer Camps, looking for participants, scholarships are available, visit <a href="https://collaboratory.arizona.edu/content/healthy-2-b-me-summer-camp">https://collaboratory.arizona.edu/content/healthy-2-b-me-summer-camp</a> for more info and to register</p>
<p><b>Next meeting: Wednesday, May 15<sup>th</sup> at 8:30 a.m.</b> We'll have an update and presentation from the Kitchen Committee group <b>Hope we see you there!</b></p>	

Date (Time):	June 19, 2018 8:30 a.m.
Topic:	Monthly Meeting
Attendees:	Annemarie Medina, YMCA; Sabrina Plattner UA MEZCOPH; Denise Ortega, The Garden Kitchen; Brian Eller, PCHD; Jessica Boerman, TOMF; Cory Eckles, Stay Naked Fit; Jenn Parlin, PCCo-Op Ext; Joanna Dinan, PC NRPR; Nichole Hearn
Apologies:	Carolyn Owens
Meeting Facilitators:	Co-Chairs Annemarie Medina and Carolyn Owens
Minutes Prepared By:	Annemarie Medina

Agenda Topics	Responsible	Discussion
<b>Cory Eckles discuss goals and activities to help support healthy food</b>	Cory Eckles	Cory has been a firefighter with the Silverbell Fire Dept for 10 years. The FD deals with mostly 911 calls and most of the time by the time they arrive it is too late. He sees a lot of incidences where an unhealthy lifestyle is the root cause so he decided he wanted to do something about it. He started a company called Stay Naked that has Stay Naked Kitchen and Stay Naked Fit. Both are based on “naked” food, unprocessed and healthy. Stay Naked Fit is a personal training studio where he and several other trainers work with clients one on one. His goal is to educate people on healthy eating and says “healthy food should be accessible, good tasting, good quality and affordable.”
<b>Review kitchen committee proposal</b>		The one sheet proposal was suggested by Supervisor Valadez as an easy communication for those that we are speaking with who are unaware of the opportunities for the commercial kitchen at the soon to be renovated Golden Pins Lanes (purchased by PC to turn into office space for multiple county departments). The committee explored gaps in the area of food services, especially those for small business and entrepreneurs. The assessed the current commercial kitchen spaces that are available and what barriers there were. For example the Garden Kitchen is very limited in what it can host due to its funding source. One group that has a high need is our refugee population that has limited income and lack of support. Possible partners that could assist with the services at the kitchen at the old bowling alley:

		<p>Pima County Health Dept: regulations, streamline and help with licensing, especially those that are non-English speaking, Management staffing for the kitchen program, PCC with students to teach or support teaching modules, Garden Kitchen, teaching skills</p> <p>Community Partners: PCC, Iskashita, Stay Naked, UA Coop Ext, UA COPH</p> <p>A decision was made to discuss further at the August meeting. It was determined that it would be best to present to the new HD Director once they are in place before presenting to the BOS.</p>
<b>Review Needs Assessment</b>		<p>Focus for this assessment is equity and looking at the social determinants of health. Three priority areas are Behavioral Health, Access to services and Obesity prevention. AT can provide resources and referrals and help with information dissemination. Nic from PCHD will be asked to present at August meeting.</p>
<b>Member Activities and Announcements</b>	Members	<p>Joanna Dinan from PC Parks: Mammograms available at Ellie Towne Center July 16</p> <p>Garden Kitchen Healthy and Delicious with a Latin Twist Hands on cooking class June 29, 10am – 1pm</p>
<p><b>Next meeting: Wednesday, August 21st at 8:30 a.m.</b></p> <p><b>Hope we see you there!</b></p>		

Date (Time):	August 21, 2018 8:30 a.m.
Topic:	Monthly Meeting
Attendees:	Annemarie Medina, YMCA; Carolyn Owens, 501 Navigation; Jenn Parlin, The Garden Kitchen; Nic Cogdall and Krista Cardenas, PCHD; Jessica Boerman, TOMF; Joanna Dinan, PC NRPR; Rhonda Gonzales, Community Food Bank; Moira Alexander and Nina Puglisi, El Rio Health Center; and Valerie Seeton, Iskashitaa
Apologies:	Sabrina Plattner UA MEZCOPH
Meeting Facilitators:	Co-Chairs Annemarie Medina and Carolyn Owens
Minutes Prepared By:	Carolyn Owens

Agenda Topics	Responsible	Discussion
<b>Welcome Krista!</b>		Krista Cardenas has joined the Health Department and will be overseeing Healthy Pima and the Workgroups (Activate Tucson is a workgroup of Healthy Pima). Krista brings knowledge and enthusiasm (and lots of great questions!) we are excited to have her join us!
<b>Review kitchen committee proposal</b>	Committee members and group	<p>The group reviewed the kitchen proposal and discussed. The new head of the Pima County Health Department may not be hired until early 2020. The group discussed this and decided since Pima County has said they will keep the commercial kitchen we can wait. Nic will confirm timeline for hiring replacement. Annemarie will ask Chuck Huckleberry about the timeline for Pima County moving into the old bowling alley and get his thoughts on waiting to present to head of Health Department vs discussing this with another Pima County representative. The group decided to wait on this for now and it would be best to have the Health Department.</p> <p><b>Update since AT meeting:</b> Leadership at PCHD is interested in hearing about the proposal and co-chairs will meet with PCHD leadership on Sept 12 at 2:30 p.m. at Abrams. Please contact Carolyn or Annemarie if you would like to attend as well. Thanks to Nic for organizing this!</p>
<b>Update on PCHD CHNA</b>	Nic Cogdall	Nic provided an overview of the Needs Assessment process for Pima County. The Needs Assessment is required to maintain Health Department accreditation and hospitals are required to complete as well. Pima County has combined these two requirements and now completes a Needs Assessment for all of Pima County in collaboration with local hospitals. The Assessment gathers data on the health of the County and identifies



		<p>priorities for the Community Health Needs Assessment (CHNA) including social determinants of health. Priorities are Behavioral Health, including mental health and substance abuse; Obesity and Chronic Disease; and Access to Services, with a broad definition that includes transportation and whether services offered in a culturally competent manner.</p> <p>Findings include that heart disease is the leading cause of death in Pima County, obesity and diabetes rates are still very high. Only 1 in four report they eat the recommended amount of fresh food and 20% report no physical activity.</p> <p>Moira reports that El Rio has begun a social determinant of health survey for each patient that will be completed at least annually. Results will be reviewed to assess barriers to health.</p> <p>The response to the CHNA is still in process. AT can begin to address identified issues without waiting. See next section to updates to our Work Plan.</p>
<p><b>AT Work Plan update</b></p>	<p>Group</p>	<p>AT has a Work Plan as part of our participation in Healthy Pima. Based on priorities and need for Pima County some ways AT may consider supporting efforts are:</p> <ul style="list-style-type: none"> <li>• Support awareness of importance of a healthy diet to reduce incidence of obesity and/or diabetes</li> <li>• Continue to support efforts to increase access to physical activity</li> <li>• Support public transportation to increase access to health care</li> <li>• Advocate for other health systems to conduct a social determinants of health survey similar to El Rio</li> </ul> <p>Please see updated Work Plan. This discussion will continue at future meetings – please share your thoughts at AT meetings or via email to either Carolyn or Annemarie.</p>
<p><b>Member Activities and Announcements</b></p>	<p>Members</p>	<p>Sept 10, Not Alone screening at the Loft (see flyer) Dan wanted to share this with the group, it’s an important film that discusses suicide prevention and mental health resources in our community.</p> <p>Iskashitaa is hosting Cultural Luncheons and they sell out fast! Two are scheduled in September. See the link for details and see if there is still availability. There is a fee but it supports our local refugees. They have other cool programs that support local food and cooking <a href="http://www.iskashitaa.org/events">http://www.iskashitaa.org/events</a></p> <p>Sept 14, Community Food Bank Hunger Walk, put together a team and support your food bank! See the link for details and to register <a href="https://www.communityfoodbank.org/hungerwalk">https://www.communityfoodbank.org/hungerwalk</a></p> <p>Nov 2, Community Food Bank Pumpkin Smash, food trucks, activities and a fun way to compost your Halloween pumpkins. At Las Milipitas community garden.</p> <p>Also on Nov 2, Taste of the Desert festival at the Garden Kitchen, 10 a.m. to 2 p.m., it’s easy to do both! The Garden Kitchen has regular cooking classes, both free and for a fee and the 1<sup>st</sup> Saturday of the month is Fit First Saturday with lots of fun activities <a href="https://thegardenkitchen.org/">https://thegardenkitchen.org/</a></p>

		<p>El Rio expansion at Golf Links and Kolb is complete and open! They also have a Health On University coming to a location near Time Market in collaboration with TMC.</p> <p>Pima County Parks and Rec still has a few spots left for their free after school programs in rural areas. For K-6<sup>th</sup> grade with lots of programs, homework help etc.</p> <p><a href="http://webcms.pima.gov/cms/one.aspx?portalId=169&amp;pageId=391">http://webcms.pima.gov/cms/one.aspx?portalId=169&amp;pageId=391</a></p> <p>Sept 2, in collaboration with Flowing Wells public library, PC Parks presents Defense Against the Dark Arts to address bullying for teens and tweens and will be offered several times, register at the link</p> <p><a href="https://pima.bibliocommons.com/events/5d55bf744d791b3a003edb05?_ga=2.216875798.1666981196.1567011937-800788152.1490379575">https://pima.bibliocommons.com/events/5d55bf744d791b3a003edb05?_ga=2.216875798.1666981196.1567011937-800788152.1490379575</a></p> <p>Sept 12, Fall prevention at Ellie Towne Hall for older adults, please share as falls are a leading cause of injury in seniors <a href="http://webcms.pima.gov/cms/one.aspx?portalId=169&amp;pageId=3696">http://webcms.pima.gov/cms/one.aspx?portalId=169&amp;pageId=3696</a></p> <p>Sept 19, 2 to 4 p.m. at Community Fdn S AZ campus, Grant Professionals Assoc. Government Funder Panel, free for members, \$25 for nonmembers, visit <a href="https://www.grantprofessionals.org/ev_calendar_day.asp?date=9/19/2019&amp;eventid=452">https://www.grantprofessionals.org/ev_calendar_day.asp?date=9/19/2019&amp;eventid=452</a></p>
<b>Special Notice</b>	Moira	<p>Moira shares that Weight Watchers has created an app directed toward children (as young as 8!) that is extremely harmful and even dangerous. Children should not diet as its very detrimental to their health. Please join us in advocating to our friends, family, colleagues, and the community (as well as Weight Watchers) to reject this.</p>
<p><b>Next meeting: Wednesday, September 18 at 8:30 a.m.</b> We'll continue our discussion on how to address needs in the CHNA, and plan for what government representatives to invite next, perhaps a panel with new City Council members and the new mayor?</p> <p><b>Hope we see you there!</b></p>		

Date (Time):	October 16, 2019 at 8:30 a.m.
Topic:	Monthly Meeting
Attendees:	Carolyn Owens, 501 Navigation; Jenn Parlin, The Garden Kitchen; Krista Cardenas, PCHD; Jessica Boerman, and Nicole Struck, TOMF; Joanna Dinan, PC NRPR; Sabrina Plattner UA MEZCOPH; Moira Alexander, El Rio Health Center; and Becky Welp, Child Parent Centers. Special guest Patrick Hartley, COT Complete Streets
Apologies:	Annemarie Medina, YMCA
Meeting Facilitators:	Co-Chair Carolyn Owens
Minutes Prepared By:	Carolyn Owens

Agenda Topics	Responsible	Discussion
<b>City of Tucson Complete Streets presentation</b>	Patrick Hartley, Program Coordinator	<p>The group enjoyed a terrific presentation by Patrick about the COT Complete Streets policies and activities. Please review the copy of the ppt attached for details. Highlights: Complete Streets policy passed in Feb 2019, thanks to Living Streets Alliance and other partners for all their work in supporting this policy. Complete Streets support the use of all users, not just cars. Guiding principles for the policy are: safety, accessibility, diversity and inclusivity, land use, environment, and economic vitality. There is not one size fits all but safety for all is a priority. Pedestrians that are struck in Tucson is very high and many of the efforts will be to reduce this. A Complete Streets Coordinating Council has been established and their first meeting will be October 30<sup>th</sup>. There is also a technical review committee that includes all COT departments, including fire and police. See the implementation chart in the ppt for detail.</p> <p>There will be a Mobility Master Plan with a 25 year capital investment plan for transportation that integrates Complete Streets. Stakeholder and public forums will occur in the next few months to receive input and have the community involved. <b>Activate Tucson members can help by participating and promoting.</b> More information will be shared as it becomes available.</p> <p>This effort is coordinating with the Parks proposition and RTA as well as other projects. Krista suggests partnering with the Loop projects as well.</p>

		<p>Many of the safety improvements will include narrowing lanes to slow automobile traffic while allowing for more space for cyclists and pedestrians. Activate Tucson members can help support these efforts and share information on why these efforts are important. It may slow commute for some people so education will be key. Thanks again to Patrick for sharing with the group. We'll stay in touch with Complete Streets activities and will share details on how we can all support and promote these efforts. Patrick's email is <a href="mailto:Patrick.Hartley@tucsonaz.gov">Patrick.Hartley@tucsonaz.gov</a>.</p>
<b>Update on PCHD CHNA</b>	Krista	<p>Krista will be leading the efforts to implement the 2018 CHNA and will present at the November Activate Tucson meeting with more detail on the timeline and process. The group suggests changing the dialogue around obesity moving forward in keeping with current best practices to ensure there is more focus on supporting health vs focusing on body type.</p> <p><b>For November's meeting we ask all AT members to:</b></p> <ul style="list-style-type: none"> <li>• Bring suggestions for how to obtain broader community buy in</li> <li>• What groups should Krista reach out to</li> <li>• How can AT members promote whole health and thoughtfulness about messaging</li> </ul>
<b>Bowling Alley kitchen meeting update</b>	Carolyn	<p>In September PCHD leaders invited AT co-chairs to meet with them to discuss the Bowling Alley kitchen. There was tremendous representation from PCHD, including the Interim Director Bob England. The staff were interested in AT's ideas to have classes for the community at the site. PCHD will be keeping the kitchen and already had plans to use it for safe food handling classes and had discussed classes for WIC recipients. There will be three PC departments at this site, not just the health department, so that is a consideration. Site improvements and final PC departments is still in process.</p> <p>The good news is PCHD seemed very open to partnering with community organizations to offer classes on canning and cooking. We will follow up with them as the site improvements are completed. A business incubator model is probably not viable at this time, there was little interest shown in a program of that type.</p>
<b>Member Activities and Announcements</b>	Members	<p><b>Nov 2</b> 10 a.m. to 2 p.m. Garden Kitchen Taste of the Desert (flyer sent previously)  <a href="https://thegardenkitchen.org/events_page/">https://thegardenkitchen.org/events_page/</a></p> <p><b>Nov 2</b> 1 p.m. to 4 p.m. Las Milpitas Pumpkin Smash, easy to go to both!  <a href="https://www.communityfoodbank.org/Events/Detail/pumpkin-smash-2019">https://www.communityfoodbank.org/Events/Detail/pumpkin-smash-2019</a></p> <p>PAG looking for volunteers to do pedestrian and bike counts, please consider completing the volunteer training (one hour) and helping out. You can choose which intersection you do.  <a href="http://www.pagregion.com/Default.aspx?tabid=1323">http://www.pagregion.com/Default.aspx?tabid=1323</a></p>



**Next meeting: Wednesday, November 20th at 8:30 a.m.** We'll continue our discussion on how to address needs in the CHNA, and plan for what government representatives to invite next, perhaps a panel with new City Council members and the new mayor? Also discussion of 2020 meeting times and place, should we change? Ellie Towne Community Center is available and TOMF is willing to continue to host.  
**Hope we see you there!**

Date (Time):	November 20, 2019 at 8:30 a.m.
Topic:	Monthly Meeting
Attendees:	Carolyn Owens, 501 Navigation; Annemarie Medina, YMCA; Jenn Parlin, The Garden Kitchen; Krista Cardenas, PCHD; Jessica Boerman, TOMF; Sabrina Plattner UA MEZCOPH; Becky Welp, Child Parent Centers; Nancy Gamboian, Pima College; and Lucy Howell, My Healthy Globe.
Apologies:	Rhonda Gonzales, Community Food Bank; Brian Eller, PCHD; Moira Alexander, El Rio Health Center; and Francisca Villegas-Braker, YWCA Women’s Business Center
Meeting Facilitators:	Co-Chairs Annemarie Medina and Carolyn Owens
Minutes Prepared By:	Carolyn Owens

Agenda Topics	Responsible	Discussion
<b>New Member Child Parent Centers</b>	Becky	Becky from Child-Parent Centers has joined Activate Tucson – welcome Becky! She shares that CPC is the local Head Start for southern Arizona and serves 5 counties. Head Start provides pre-school for low-income families but also has other programs such as literacy, employment assistance, health and nutrition services (including signing up for SNAP and/or WIC). They partner with El Rio to help with immunizations and PCHD. Their advisory committee includes many Activate Tucson members (like Sabrina). They do a lot! Visit their website at <a href="https://childparentcenters.org/">https://childparentcenters.org/</a> to learn more, including how they may be able to help your clients.
<b>Update II on PCHD CHNA</b>	Krista	Krista presented at our group despite being unwell, thank you Krista, we appreciate you! Next steps for the CHNA will be a large group meeting, probably held in January, that will include all the Healthy Pima workgroups (Activate Tucson is a workgroup of Healthy Pima). This will allow for networking, each group to share what policies or other advocacy efforts they are doing and help us have a united voice when applicable. Krista is working on setting a date and location now; we’ll send out the information on the large group meeting when available. Some highlights from other groups are a diabetes services resource map, this is not your average map, it’s user friendly, detailed, and searchable. Check it out via the “diabetes resource link: <a href="https://www.healthypima.com/">https://www.healthypima.com/</a> Here's the funky part, although a needs assessment was completed in 2018 (and is available online, here’s the link <a href="https://www.healthypima.com/community-health-needs-assessments">https://www.healthypima.com/community-health-needs-assessments</a> ) the 2015 CHNA is being used. Krista

		<p>will try to begin implementation of the 2018 CHNA soon. For this process Healthy Pima will utilize the existing workgroups and build upon current efforts, instead of trying to start over like last time (insert cheer here). The action groups and CHNA priorities are in the needs assessment and are based on data as well as community input. The priorities identified for 2018 will be able to be supported by existing work groups very well. Kudos to Krista for asking for input about how best to meet the priorities and move forward.</p>
<p><b>2020 Meetings and Leadership</b></p>	<p>Co-Chairs</p>	<p>Looking ahead to 2020, the group is considering moving our meeting space. <b>Please watch for a short survey about this in December.</b> Our options right now are: 1) Stay at TOMF; 2) Go back to Elle Towne Community Room near Ruthrauff and Romero; or 3) Meet at the YWCA Women’s Business Center room on Bonita near St. Mary’s. If you have a meeting space to offer or a suggestion, please share and we’ll add it to the options. Sabrina has expressed interest in taking on a leadership role in Activate Tucson which is awesome! Changes in leadership are how groups stay relevant. If anyone else is interested in serving as co-chair please email Annemarie or Carolyn. Annemarie Medina, Lohse Family YMCA <a href="mailto:AnnemarieM@tucsonymca.org">AnnemarieM@tucsonymca.org</a>, 520-401-7683; Carolyn Owens, 501 Navigation, <a href="mailto:Carolyn@501Navigation.com">Carolyn@501Navigation.com</a>, 520-243-3180</p>
<p><b>Member Activities and Announcements</b></p>	<p>Members</p>	<p>PCC has Pima Fit Club students with lots of energy who want to help at your events! Contact Nancy at <a href="mailto:ngamboian@pima.edu">ngamboian@pima.edu</a> or 954-2527 to find out more or ask for volunteers. Krista shares the resource TakeCare that has inspirational videos to help inspire and support wellness. She is chair for the local efforts for this organization and they work closely with the YWCA too. They are visiting several cities in the US. Please share with your team and networks, social media, etc. <a href="https://takecare.org/">https://takecare.org/</a> <b>Nov 30</b>, Holiday parade and downtown tree lighting, it’s early this year, don’t miss it YWCA does Holiday Maintain No Gain Challenge, contact Annemarie to participate and receive the newsletter (it’s to not gain weight during the holidays)</p>
<p><b>Please note: <u>No Activate Tucson meeting in December</u> – Happy Holidays and we will see you in January!</b></p>		
<p><b>Next meeting: Wednesday, January 15, 2020 at 8:30 a.m. Location TBD</b>          We will discuss a possible Government Funder Panel with new City Council members and the new mayor; have updates on the CHNA; review the AT Work Plan; updates on City of Tucson’s Mobility Master Plan; and have a date for the large group meeting for Healthy Pima.  <b>Hope we see you there!</b></p>		