



Date (Time):	February 21, 2024, at 8:30 a.m.
Topic:	Monthly Meeting
Attendees:	Sabrina Plattner MEZCOPH, Annemarie Medina UAHS, Leigh Nilsen UAMEZCOPH , Lauren Erdelyi Susan Komen, Kenneth M. Welch Higher Ground, Carolyn Owens 501 Navigation, Lucy Howell The Force for Health.
Apologies:	
Meeting Facilitators:	Co-Chairs Annemarie Medina, Sabrina Plattner
Minutes Prepared By:	Leigh, Sabrina, and Annemarie

Agenda Topics	Responsible	Discussion
Updates: Catalyzing Community partnership	Annemarie and Sabrina	Open meeting on February 29, 2024 Catalyzing Communities presentation on what is being done across the nation, AT will send a calendar invite, catalyzing communities is partnership with Tuffs University focusing on childhood obesity and factors that play into it and collation building.
Tax credit policy change progress	Lauren	Using Public School Tax policies to intervene and prevent factors playing into childhood obesity factors such as stress & mental health. Interviewed current tax and accountants to see what they are doing and how they approach their clientele. Understanding where tax credits are be allocating to and ensure they are being used in social determinant settings Pilot study 115 tax & accounting professionals took survey, 11 went on to continue the study, 4 professional organizations Data is only available through department of revenue & only quantitative, Lauren has been evaluating and 83% agree it can have a positive impact and mutual benefit, regardless of if they have children in the community but in the sense as being a part of the connected community. Independent professionals or smaller size firms were most likely to participate Give better understanding/overview on what tax credits are being used for and why they should be, also make sure they are offered in multiple languages for tax payers.



		Autonomy on what their tax credits will be used for, someplace they can see the difference being made
<p>Focus areas for 2024</p>		<p>Kenneth: Start looking at summer programs in how interventions still take place while school is not as many programs are run through the school Mental health & mental wellness efforts in connecting the dots and organizations to create the synergy Expanding connections to work together Annemarie: Start in person meetings back up? Figure out what would be preferred by the group Annemarie will be sending out a survey Finding a new fiscal agent Carolyn: Food systems in moving food around as lots of unused food is left in the fields and its expensive to keep, how to keep food in the community Grant writing based on 2021 community health needs</p>
<p>Member Activities and Announcements</p>		<p>Kenneth M. Welch: Personal trainer also working on his doctoral dissertation and would love to learn more about what's going on here in Tucson with hand-on ways to intervene childhood obesity Lauren will be defending her dissertation in March, she will share the info with Annemarie, available in person or on zoom Kenneth@higherground.me Carolyn: TAP AZ is part of Vitalyst https://tapaz.org/ Lauren: cerdelyi@arizona.edu Lucy: Reminder that The Force for Health offers a FREE Virtual Health Academy to support health and civic challenges to become a better Force for Health! My Healthy Arizona and TEAM Up! Greater Tucson are ready to launch!</p>
<p>Next meeting: Wednesday, April 17, 2024 Zoom meeting invite Hope we see you there!</p>		



Date (Time):	April 17, 2024, at 8:30 a.m.
Topic:	Monthly Meeting
Attendees:	Sabrina Plattner ZFCPPH &MEZCOPH, Annemarie Medina UAHS, Nancy Tepper GK, Brenda Picasso AZHZ, Lucy Hall Force for Health I, Tina Flores PCHD, Isabel Georgelos YWCA, Kenneth Welch Higher Ground, Nancy Gamboian PCC
Meeting Facilitators:	Co-Chairs Annemarie Medina, Sabrina Plattner
Minutes Prepared By:	Leigh Nilsen, Sabrina Plattner

Agenda Topics	Responsible	Discussion
Updates: Catalyzing Community partnership	Annemarie and Sabrina	Year 4 completed with Tufts grant and Tufts will be providing technical assistance for the next year to March 1, 2025.
Tax credit policy change progress	Lauren	Passed dissertation and did amazing in game plan for policy movement in public school tax credit Graduating PhD but will stay on with Activate Tucson to continue to help with movement efforts for advocacy work for Public School Tax Credit. Looking to advocate for Public Tax Credit contributions to be adjusted for inflation in 2025, as well extend the February 28 reporting time to match April 15 tax reporting time. Lauren's dissertation https://youtu.be/HPh3cYFrGi0?si=gb9azqKfz5fRO1Mr



<p>Policy Advocacy Opportunities 2024-2025</p>	<p>Start collectively looking into advocacy opportunities in Pima County. Nancy Tepper- Garden Kitchen has a very active presence on social media so if there are items that the public can participate in/benefit from you can send them to us, food insecurity & looking into policies around SNAP-ED Lucy Howell- List of policy ideas, possibly Leigh Nilsen- please share ways we can support your organizations!! Feel free to reach out nilsen@pacbell.net in between meeting times for things you would like shared Isabel Georgelos- Tamale bill https://azcapitoltimes.com/news/2024/03/30/hobbs-signs-tamale-bill/ Working with cottage businesses to connect with commercial shops to help grow their shops/success</p>
<p>Member Activities and Announcements</p>	<p>Check out the improved AT webshttps://www.activatetucson.org Nancy Tepper contact for Garden Kitchen operates a mobile produce market every Wednesday at the Valencia Library from 10-12:00 The PLAZA market is subsidized for affordability in a community that has been previously underserved regarding fresh produce and farmers’ market comfort. And compensates the small farmers at a fair market prices contact nancytepper@arizona.edu www.thegardenkitchen.org Tina- It’s Bike month, Sunday 4/21 get back on your bike event, basic bike repairs & encouraging biking activities, would like to see physical activity resources tab Lucy Howell- https://360scdhub.org/about/ - FREE training for CHW’s, leaders, and school nurses on how to use the 360° SCD Hub app and platforms, they also have physical activity resources https://360scdhub.org/events/chw-and-coaches-training-webinar/ Brenda- The Summer Food Service Program (SFSP) for free summer meals for kids 0-18 years of age. The website is currently being updated and should be running by early May 2024.</p>

Any updates you would like to share on the website between meeting times: email intern (leigh nilsen nilsen@pacbell.net)

Next meeting: Wednesday, June 19, 2024, Zoom meeting invite <https://arizona.zoom.us/j/89365125279>
Hope we see you there!

Date (Time):	August 21, 2024, at 8:30 a.m.
Topic:	Monthly Meeting
Attendees:	Sabrina Plattner MEZCOPH, Annemarie Medina UAHS, Nancy Gamboian PCC, Matthew Vrvilo, First Things Frist
Apologies:	
Meeting Facilitators:	Co-Chairs Annemarie Medina, Sabrina Plattner
Minutes Prepared By:	

Agenda Topics	Responsible	Discussion
Updates: Tax credit & Stress Strategies	Annemarie and Sabrina	Looking to advocate for change to the Feb. 28 th School Tax Credit reporting timeline to End of March or April 15 th tax deadline Also Initiative items that are to Sunset to reinstate, such as shade structures, playground equipment and after school meal programs. Looking to implement more Zen Dens at schools in SUSD
Call for new Projects & Focus Areas for 2024-2025		We are asking the AT community for a call for action for new projects you may be aware of or working on to advocate for 2024-2025. Please Join us at the next AT meeting to discuss how AT can

Member Activities and Announcements		<p>Nancy- New Center for Excellence health wellness Pima & new initiative Pima integrative health Pima is offering a free Fitness pass for students that are enrolled in one or more classes, can use the fitness centers for free no lab fees https://drive.google.com/file/d/1-xBCxizrKO5qs1kL2rwPyKgretZPIiHx/view https://biztucson.com/pima-community-college-health-professions-center-of-excellence/</p> <p>Matthew- Pima County connecting children to nature and increasing equitable access to children for nature opportunities. Those involved include City of Tucson, Pima county, Unties Way, Federal Natural Parks, Policy and public awareness, public spaces. More information to follow.</p>
<p>Next meeting: Wednesday, October 16, 2024 Zoom meeting invite Hope we see you there!</p>		

Date (Time):	October 16, 2024, at 8:30 a.m.
Topic:	Monthly Meeting
Attendees:	Sabrina Plattner MEZCOPH, Annemarie Medina UAHS, Nancy Gambian PCC, Kenneth Welch Higher Ground, Brenda Picasso AZ Health Zone, Nancy Tepper Garden Kitchen, Bryanna Jimenez UA MEZCOPH, Karla Aguayo UA MEZCOPH, Alexa Waldfogel UA MEZCOPH
Apologies:	
Meeting Facilitators:	Co-Chairs Annemarie Medina, Sabrina Plattner
Minutes Prepared By:	Alexa, Karla, Sabrina and Annemarie

Agenda Topics	Responsible	Discussion
Public School tax Credit	Sabrina	<p>We seem to have hit a roadblock after 3 years. We have been advocating for the Public Tax Credit reporting timeline to be extended to Mach 28th or April 15th for schools reporting their donations and adjustments for inflation on the PS Tax Credit dollar amount. That has not been adjusted since its inception in 1999. Where private and charter school have been adjusted for inflation three times since 1999.</p> <p>Recommendations From Consuelo Hernandez, the State Legislator who represents District 21: for the initiative are the following.</p> <ul style="list-style-type: none"> • 1. Republicans and democrats need support it. You can reach out to the southern Arizona Reps now and, if you need help, in locating a contact, reach out to her assistant. • 2. This is related to education. Suggest reaching out to the Education unions/groups to back what you are doing, Maybe 2-3 will but they will potentially block you if you do not get them to stay neutral/support it. AEA and SOS are the Ed groups. • 3. Once you have spoken to Dems, Reps and Independ. If the groups will support the bill, you can shop around for a bill sponsor. Once you have done the above, happy to continue to guide you but, if you do not do this your bill will not make it anywhere no matter how small the change you are asking for. <p>If someone in AT would like to help us take this initiative, please let Annemarie and I know. As we know, change and progress takes time.</p> <ul style="list-style-type: none"> - AT website to Serve as a hub for community members where members can access health info - Presentation from Bryanna on her updates to the Website. See PP attached.
Website	Annemarie	

<p>updates</p>	<p>And Bryanna</p>	<ul style="list-style-type: none"> - https://www.activatetucson.org/ - Challenges <ul style="list-style-type: none"> - User difficulty - Events listings and resources were not constantly updated - Few features for users to interact with the site - Objectives <ul style="list-style-type: none"> - Simplified navigation <ul style="list-style-type: none"> - changed navigation bars, added an “about” page, organized information - Optimized for screen readers and mobile devices - Created an event calendar for free local health events - Social media campaign Goals <ul style="list-style-type: none"> - increase participation - raise health awareness - create online interaction - bring more users to website - Strategy <ul style="list-style-type: none"> - Engage with community - Sharing educational content - Promote free local health events - Drive more users to website to newly enhanced website through social media and blogs - Post ideas to increase engagement <ul style="list-style-type: none"> - Spotlight on partnerships - Wellness Wednesdays - Featured event spotlight
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		<ul style="list-style-type: none"> - Future: put events in chronological order by date so they are easier to navigate <ul style="list-style-type: none"> - Create social media JPG to share so that more people can become aware of the new social media page to get further connected and spread awareness - continue outreach through new post ideas, maybe day in the life of someone a part of Activate Tucson for audience to follow along and engage
<p>Member Activities and Announcements</p>		<ul style="list-style-type: none"> - (Nancy Tepper) Connect with Garden Kitchen social media to link posts • purpose: spread more awareness to community events for both organizations - Racial, Equity, & Social Justice Grant → bringing diverse community understanding back to Southern Arizona (Kenneth Welch) • Feast Your Brain outreach event at El Rio on Speedway 10/19 10 am to 3 pm → promoting and educating for brain health, offset dementia, helps children’s attention spans, promote intergenerational health (Sabrina Plattner) - (Nancy Gamboian) Center of Excellence for health promotion → up and coming for PCCC • integrative health to form group to offer educational seminars, workshops related to mind, body, spirit topics amongst all departments to create awareness for mental health to future providers/caregivers <p>New health initiative Pima integrative health Pima is offering a free Fitness pass for</p> <ul style="list-style-type: none"> • students that are enrolled in one or more classes, can use the fitness centers for free • no lab fees <ul style="list-style-type: none"> - https://drive.google.com/file/d/1-xBCxizrKO5qs1kL2rwPyKgretZPLiHx/view - https://biztucson.com/pima-community-college-health-professions-center-of-excellence/

**Next meeting: Wednesday, January 15, 2025, Zoom meeting invite will be sent.
Hope we see you there!**